

# January 2012 Lunch Menu

Mon	Tue	Wed	Thu	Fri
<b>NO SCHOOL</b> 	<ul style="list-style-type: none"> <li>Spaghetti with Rich Meat Sauce</li> <li>Garden Salad</li> <li>Breadsticks</li> <li>Choice of Fruit</li> <li>Non-fat Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>Ultimate Nachos</li> <li>Brown Rice</li> <li>Garden Salad</li> <li>Choice of Fruit</li> <li>Fresh Baked Cookie</li> </ul>	<b>* BELL RINGER*</b> <ul style="list-style-type: none"> <li>Cheeseburger with bun</li> <li>French Fries</li> <li>Choice of Fruit</li> <li>Non-fat Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>Stuffed Crust Pizza</li> <li>Garden Salad</li> <li>Choice of Fruit</li> <li>Jello with Whipped Topping</li> </ul>
<ul style="list-style-type: none"> <li>Chicken Patty* with bun</li> <li>Buttered Noodles</li> <li>Green Beans</li> <li>Choice of Fruit</li> <li>Juice Bar</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Nuggets</li> <li>Multi-grain bun</li> <li>Tater Tots</li> <li>Carrot sticks</li> <li>Choice of Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Taco-in-a-Bag</li> <li>Brown Rice</li> <li>Choice of Fruit</li> <li>Fresh Baked Cookie</li> </ul>	<b>* BELL RINGER*</b> <ul style="list-style-type: none"> <li>Hot Turkey Sandwich</li> <li>Mashed Potatoes with Gravy</li> <li>Juice Bar</li> </ul>	<ul style="list-style-type: none"> <li>Stuffed Crust Pizza</li> <li>Garden Salad</li> <li>Choice of Fruit</li> <li>Jello with Whipped Topping</li> </ul>
<b>NO SCHOOL</b> <b>Martin Luther King Jr. Day</b>	<ul style="list-style-type: none"> <li>Cheeseburger with bun</li> <li>Carrot sticks</li> <li>French fries</li> <li>Choice of Fruit</li> <li>Juice Bar</li> </ul>	<ul style="list-style-type: none"> <li>Taco-in-a-Bag</li> <li>Brown Rice</li> <li>Choice of Fruit</li> <li>Fresh Baked Cookie</li> </ul>	<b>* BELL RINGER*</b> <ul style="list-style-type: none"> <li>Grilled Cheese Sandwich</li> <li>Tomato Soup</li> <li>Green Beans</li> <li>Choice of Fruit</li> <li>Non-fat Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>Stuffed Crust Pizza</li> <li>Garden Salad</li> <li>Choice of Fruit</li> <li>Jello with Whipped Topping</li> </ul>
<b>Brunch for Lunch</b> <ul style="list-style-type: none"> <li>Pancakes &amp; Sausage</li> <li>OJ/Apple Juice</li> <li>Choice of Fruit</li> <li>Non-fat Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>Grilled Chicken Sandwich</li> <li>Buttered Noodles</li> <li>Steamed Corn</li> <li>Choice of Fruit</li> <li>Juice Bar</li> </ul>	<ul style="list-style-type: none"> <li>Taco-in-a-Bag</li> <li>Brown Rice</li> <li>Choice of Fruit</li> <li>Fresh Baked Cookie</li> </ul>	<b>* BELL RINGER*</b> <ul style="list-style-type: none"> <li>Turkey Sub</li> <li>French Fries</li> <li>Carrot sticks</li> <li>Choice of Fruit</li> <li>Non-fat Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>Stuffed Crust Pizza</li> <li>Garden Salad</li> <li>Choice of Fruit</li> <li>Jello with Whipped Topping</li> </ul>

\*Hot & Spicy available to MS/HS students

**\*BELL RINGER\* DAY**  
 The student(s) standing at the cash register when a bell goes off will win a SNACK PASS (1 winner per lunch period)

**SALAD BAR available to Middle & High School students**

**ALTERNATE ENTREES**

- |                |                       |
|----------------|-----------------------|
| Salad Bar      | Peanut Butter & Jelly |
| Grilled Cheese | Hot Dog               |
| Tuna Sandwich  | Tuna Melt             |



**LUNCH COST**

- |                   |        |
|-------------------|--------|
| Grades K-5 .....  | \$1.90 |
| Grades 6-12 ..... | \$2.20 |
| Adults.....       | \$3.25 |

*Milk is included with all lunches*

- ALA CARTE ITEMS**
- |                          |        |
|--------------------------|--------|
| Ice Cream Novelties..... | \$1.00 |
| Chips.....               | \$.65  |
| Milk .....               | \$.50  |
| Apple Juice.....         | \$.25  |
| Orange Juice.....        | \$.25  |
| Fruit Snacks.....        | \$.65  |

**MILK CHOICES**  
 Fat-free White  
 Fat-free Chocolate  
 1% White

**ENTRÉE ONLY COST**

- |                              |        |
|------------------------------|--------|
| Grades K-5 .....             | \$1.25 |
| Grades 6-12 .....            | \$1.50 |
| Adults.....                  | \$1.85 |
| Extra Entrée with Lunch..... | \$1.00 |