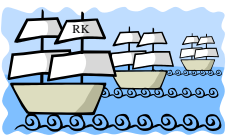


October 2011 Lunch Menu

| Mon | Tue | Wed | Thu | Fri |
|---|---|--|--|--|
| <p style="text-align: right;">3</p> <ul style="list-style-type: none"> • Scrambled Eggs • Hash Brown Patties • OJ/Apple Juice • Choice of Fruit • Non-fat Yogurt | <p style="text-align: right;">4</p> <ul style="list-style-type: none"> • Oven Roasted Chicken • Dinner roll • Mashed Potatoes with Gravy • Carrot Sticks • Choice of Fruit • Juice Bar | <p style="text-align: right;">5</p> <ul style="list-style-type: none"> • Soft Taco • Brown Rice • Corn • Choice of Fruit • Fresh Baked Cookie | <p style="text-align: right;">6</p> <ul style="list-style-type: none"> • Cheeseburger with Bun • French Fries • Carrot sticks • Choice of Fruit • Belly Bear Cookies | <p style="text-align: right;">7</p> <ul style="list-style-type: none"> • Stuffed Crust Pizza • Garden Salad • Choice of Fruit • Jello with Whipped Topping |
| <p style="text-align: center;">COLUMBUS DAY NO SCHOOL</p>  | <p style="text-align: right;">11</p> <ul style="list-style-type: none"> • Spaghetti with Rich Meat Sauce • Garden Salad • Breadsticks • Dessert | <p style="text-align: right;">12</p> <ul style="list-style-type: none"> • Chicken Fajitas • Brown Rice • Steamed Corn • Choice of Fruit • Fresh Baked Cookie | <p style="text-align: right;">13</p> <ul style="list-style-type: none"> • Stuffed Crust Pizza • Garden Salad • Choice of Fruit • Jello with Whipped Topping | <p style="text-align: center;">NO SCHOOL FOR STUDENTS</p> |
| <p style="text-align: right;">17</p> <ul style="list-style-type: none"> • Pancakes • Sausage Patties • OJ/Apple Juice • Choice of Fruit • Non-fat Yogurt | <p style="text-align: right;">18</p> <ul style="list-style-type: none"> • Chicken Nuggets • Whole grain roll • Tator Tots • Choice of Fruit • Juice Bar | <p style="text-align: right;">19</p> <ul style="list-style-type: none"> • Ultimate Nachos • Brown Rice • Garden Salad • Choice of Fruit • Fresh Baked Cookie | <p style="text-align: right;">20</p> <ul style="list-style-type: none"> • Hot Turkey Sandwich • Mashed Potatoes with Gravy • Choice of Fruit • Juice Bar | <p style="text-align: right;">21</p> <ul style="list-style-type: none"> • Stuffed Crust Pizza • Garden Salad • Choice of Fruit • Jello with Whipped Topping |
| <p style="text-align: right;">24</p> <ul style="list-style-type: none"> • French Toast Sticks • Sausage Patties • OJ/Apple Juice • Choice of Fruit • Non-fat Yogurt | <p style="text-align: right;">25</p> <ul style="list-style-type: none"> • Chicken Patty* with Bun • French Fries • Carrot Sticks • Choice of Fruit • Juice Bar | <p style="text-align: right;">26</p> <ul style="list-style-type: none"> • Soft Taco • Brown Rice • Steamed Corn • Choice of Fruit • Fresh Baked Cookie | <p style="text-align: right;">27</p> <ul style="list-style-type: none"> • Grilled Cheese • Tomato Soup • Green Beans • Choice of Fruit • Non-fat Yogurt | <p style="text-align: right;">28</p> <ul style="list-style-type: none"> • Stuffed Crust Pizza • Garden Salad • Choice of Fruit • Jello with Whipped Topping |

*Hot & Spicy available to Middle/High School students

LUNCH COST

| | |
|-------------------|--------|
| Grades K-5 | \$1.90 |
| Grades 6-12 | \$2.20 |
| Adults..... | \$3.25 |

Milk is included with all lunches

ALTERNATE ENTREES

| | |
|----------------|-----------------------|
| Salad Bar | Peanut Butter & Jelly |
| Grilled Cheese | Hot Dog |
| Tuna Sandwich | Tuna Melt |

MILK CHOICES

Fat-free White
Fat-free Chocolate
1% White

ALA CARTE ITEMS

| | |
|--------------------------|--------|
| Ice Cream Novelties..... | \$1.00 |
| Chips..... | \$.65 |
| Milk | \$.50 |
| Apple Juice..... | \$.25 |
| Orange Juice..... | \$.25 |
| Fruit Snacks..... | \$.65 |

SALAD BAR
available to
Middle & High
School students

ENTRÉE ONLY COST

| | |
|------------------------------|--------|
| Grades K-5 | \$1.25 |
| Grades 6-12 | \$1.50 |
| Adults..... | \$1.85 |
| Extra Entrée with Lunch..... | \$1.00 |