

# September 2011 Lunch Menu

Mon	Tues	Wed	Thurs	Fri
<p>*****  <b>BUY A BATCH OF            10 LUNCH TICKETS            RECEIVE 1 FREE</b>            *****</p>		7	8	9
<ul style="list-style-type: none"> <li>Chicken Nuggets</li> <li>Oven Baked French Fries</li> <li>Dinner Rolls</li> <li>Choice of Fruit</li> <li>Non-fat Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>Ultimate Nachos</li> <li>Brown Rice</li> <li>Garden Salad</li> <li>Choice of Fruit</li> <li>Fresh Baked Cookie</li> </ul>	<ul style="list-style-type: none"> <li>Whole-grain Stuffed Crust Pizza</li> <li>Garden Salad</li> <li>Choice of Fruit</li> <li>Jell-O with Whipped Topping</li> </ul>		
12	13	14	15	16
<ul style="list-style-type: none"> <li>Spaghetti with Meat Sauce</li> <li>Garden Salad</li> <li>Breadstick</li> <li>Choice of Fruit</li> <li>Dessert</li> </ul>	<p><b><u>Brunch for Lunch</u></b></p> <ul style="list-style-type: none"> <li>Pancakes &amp; Sausage</li> <li>Apple or Orange Juice</li> <li>Choice of Fruit</li> <li>Non-fat Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>Cheeseburger with bun</li> <li>Oven Baked Fries</li> <li>Choice of Fruit</li> <li>Juice Bar</li> </ul>	<ul style="list-style-type: none"> <li>Grilled Cheese</li> <li>Tomato Soup</li> <li>Green Beans</li> <li>Choice of Fruit</li> <li>Non-fat Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>Whole-grain Stuffed Crust Pizza</li> <li>Garden Salad</li> <li>Choice of Fruit</li> <li>Jell-O with Whipped Topping</li> </ul>
19	20	21	22	23
<ul style="list-style-type: none"> <li>Chicken Patty<sup>©</sup> with bun</li> <li>Buttered Noodles</li> <li>Carrot Sticks</li> <li>Choice of Fruit</li> <li>Blueberry Crisp</li> </ul>	<p><b><u>Brunch for Lunch</u></b></p> <ul style="list-style-type: none"> <li>French Toast Sticks</li> <li>Sausage Patties</li> <li>Apple or Orange Juice</li> <li>Choice of Fruit</li> <li>Non-fat Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>Ultimate Nachos</li> <li>Brown Rice</li> <li>Garden Salad</li> <li>Choice of Fruit</li> <li>Fresh Baked Cookie</li> </ul>	<ul style="list-style-type: none"> <li>Turkey Sub</li> <li>French Fries</li> <li>Carrot Sticks</li> <li>Choice of Fruit</li> <li>Juice Bar</li> </ul>	<ul style="list-style-type: none"> <li>Whole-grain Stuffed Crust Pizza</li> <li>Garden Salad</li> <li>Choice of Fruit</li> <li>Jell-O with Whipped Topping</li> </ul>
26	27	28	29	30
<ul style="list-style-type: none"> <li>Mozzarella Sticks with Sauce</li> <li>Breadstick</li> <li>Garden Salad</li> <li>Choice of Fruit</li> <li>Juice Bar</li> </ul>	<p><b><u>Brunch for Lunch</u></b></p> <ul style="list-style-type: none"> <li>Pancakes &amp; Sausage</li> <li>Apple or Orange Juice</li> <li>Choice of Fruit</li> <li>Non-fat Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>Ham Sub</li> <li>Buttered Noodles</li> <li>Carrot Sticks</li> <li>Choice of Fruit</li> <li>Frozen Yogurt Bar</li> </ul>	<p>*****  <b>NEW ITEM!!!</b>            *****</p> <ul style="list-style-type: none"> <li>Grilled Chicken Sandwich with bun</li> <li>French Fries</li> <li>Choice of Fruit</li> <li>Juice Bar</li> </ul>	<ul style="list-style-type: none"> <li>Whole-grain Stuffed Crust Pizza</li> <li>Garden Salad</li> <li>Choice of Fruit</li> <li>Jell-O with Whipped Topping</li> </ul>

©Hot & Spicy available to Middle/High School students

**ALTERNATE ENTREES**

- |                |                       |
|----------------|-----------------------|
| Salad Bar      | Peanut Butter & Jelly |
| Grilled Cheese | Hot Dog               |
| Tuna Sandwich  | Tuna Melt             |

**ALA CARTE ITEMS**

- |                          |        |
|--------------------------|--------|
| Ice Cream Novelties..... | \$1.00 |
| Chips.....               | \$.65  |
| Milk.....                | \$.50  |
| Apple Juice.....         | \$.25  |
| Orange Juice.....        | \$.25  |
| Fruit Snacks.....        | \$.65  |

**SALAD BAR  
 available to  
 Middle & High  
 School students**



**LUNCH COST**

- |                   |        |
|-------------------|--------|
| Grades K-5 .....  | \$1.90 |
| Grades 6-12 ..... | \$2.20 |
| Adults.....       | \$3.25 |

*Milk is included with all lunches*

**ENTRÉE ONLY COST**

- |                              |        |
|------------------------------|--------|
| Grades K-5 .....             | \$1.25 |
| Grades 6-12 .....            | \$1.50 |
| Adults.....                  | \$1.85 |
| Extra Entrée with Lunch..... | \$1.00 |