

MARCH 2020 LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
French Toast & 2 Sausage w/ Syrup (K-8: 4 Sticks & 2 Sausages) (9-12: 8 Sticks & 3 Sausages) Potatoes Orange/Apple Juice Non-Fat Yogurt Choice of Fruit	3 Meatball Bomber (K-8: 3 Meatballs) (9-12: 4 Meatballs) Steak Fries Green Beans w/ Chick Peas Choice of Fruit	4 Chicken Nuggets (K-8: 5 nuggets) (9-12: 8 nuggets) Potatoes Peas & Corn Choice of Fruit	5 Mozzarella Sticks w/ marinara sauce (K-8: 4 sticks) (9-12: 6 sticks) Potato Salad Mixed Vegetables Choice of Fruit	Pizza 6 (K-8: $\frac{1}{12}$ Pizza Pie) (9-12: $\frac{1}{10}$ Pizza Pie) Leafy Garden Salad Carrot Sticks Hummus Cup Jello w/ Whipped Topping Choice of Fruit
9 Chicken Tenders (K-8: 2 Tenders) (9-12: 3 Tenders) French Fries Veggie Blend Choice of Fruit	10 Cheeseburger on a Wheat Bun (K-8: 1 burger) (9-12: 2 burgers) French Fries Seasoned Corn Choice of Fruit	11 Taco in the Bag (K-8: 1 bag) (9-12: 2 bags) Seasoned Brown Rice Steamed Corn & Black Beans Salsa Choice of Fruit	12 General Tso Chicken (K-8: 4-6oz) (9-12: 8-10oz) Potatoes Mixed Vegetables Choice of Fruit	Pizza 13 (K-8: $\frac{1}{12}$ Pizza Pie) (9-12: $\frac{1}{10}$ Pizza Pie) Leafy Garden Salad Carrot Sticks Hummus Cup Jello w/ Whipped Topping Choice of Fruit
16 Chicken Patty w/ Bun (K-8: 1 Patty) (9-12: 2 Patties) French Fries Mexicali Veggies Choice of Fruit	17 French Toast & Sausage w/ Syrup (K-8: 4 Sticks & 2 Sausages) (9-12: 8 Sticks & 3 Sausages) Potatoes Orange/Apple Juice Non-Fat Yogurt Choice of Fruit	18 Manicotti & Meatballs w/ Sauce (K-8: 2 meatballs) (9-12: 4 meatballs) Buttered Edamame Veg. Green Leaf Salad Dinner Roll Choice of Fruit	19 Mozzarella Sticks w/ marinara sauce (K-8: 4 sticks) (9-12: 6 sticks) Potato Salad Mixed Vegetables Choice of Fruit	Pizza 20 (K-8: $\frac{1}{12}$ Pizza Pie) (9-12: $\frac{1}{10}$ Pizza Pie) Leafy Garden Salad Carrot Sticks Hummus Cup Jello w/ Whipped Topping Choice of Fruit
23 No School	24 Mac-n-Cheese (K-8: 4oz.) (9-12: 8oz.) Tator Tots Peas & Carrots Choice of Fruit	25 Taco in the Bag (K-8: 1 bag) (9-12: 2 bags) Seasoned Brown Rice Steamed Corn & Black Beans Salsa Choice of Fruit	26 Sesame Chicken (K-8: 2 chicken strips) (9-12: 3 chicken strips) Jasmine Rice Broccoli Crowns Egg Roll Choice of Fruit & Cookie	Pizza 27 (K-8: $\frac{1}{12}$ Pizza Pie) (9-12: $\frac{1}{10}$ Pizza Pie) Leafy Garden Salad Carrot Sticks Hummus Cup Jello w/ Whipped Topping Choice of Fruit
30 Cheeseburger on a Wheat Bun (K-8: 1 burger) (9-12: 2 burgers) Parmesan Potatoes Seasoned Corn Choice of Fruit	31 Mozzarella Sticks w/ marinara sauce (K-8: 4 sticks) (9-12: 6 sticks) Potato Salad Mixed Vegetables Choice of Fruit			

LUNCH COST

Grades K-8	\$3.10
Grades 9-12	\$3.50
Adults	\$4.50

Milk is included with all lunches.
Choice of Milk: Fat-Free Chocolate,
1% White or Skim Milk

ENTREE ONLY COST

Grades K-8	\$1.90
Grades 9-12	\$2.25
Extra Entree with Lunch	\$1.75
Staff Entree	\$2.55

ALA CARTE ITEMS

Ice Cream Novelties	\$1.00
Chips	¢65
Milk	¢50
Apple / Orange Juice	¢35

ALTERNATE ENTREES

Sandwiches: Peanut Butter & Jelly, Tuna, Turkey (Deli), Grilled Cheese

Grilled Veggie Burger served on a whole wheat bun.

Chicken Nuggets

SALAD BAR

(Middle & High School)

Salad Bar Entree: Includes protein cup and whole grain breadstick.

This institution is an equal opportunity provider and employer.