

# September 2022 - LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
5	6 <b>CCA DAY</b> Hamburgers and Hot Dogs	7 Chicken Tenders (K-8: 2 tenders) (9-12: 3 tenders) Peas & Carrots, French Fries, Choice of Fruit Entree Salad: Chicken Caesar	8 Stuffed Shells (K-8: 4oz.) (9-12: 6oz.) Small Salad, Corn & Pimento, Garlic Bread Choice of Fruit Entree Salad: Greek Tortellini	9 Turkey Rollups w/ Gravy (K-8: 1 rollup) (9-12: 2 rollup) Green Beans, Mashed Potato, Choice of Fruit Entree Salad: Julienne (ham/turkey/cheese)
12 BBQ Burgers (K-8: 1 burger) (9-12: 2 burgers) Corn, Sweet Potato Fries, Choice of Fruit Entree Salad: Tuna Topper Salad	13 Mac & Cheese (K-8: 4oz.) (9-12: 6oz.) Peas, Tater Tots, Choice of Fruit Entree Salad: Italian (ham, sala- mi, mozzarella)	14 Chicken Nuggets Mixed Vegetables, Potato Salad, Choice of Fruit Entree Salad: Julienne (ham/ turkey/cheese)	15 French Toast & Sausage w/syrup (K-8: 4 sticks, 2 sausages) (9-12: 7 sticks, 3 sausages) Homefries, Orange/Apple Juice Non-fat Yogurt, Choice of Fruit Entree Salad: Broccoli Salad	16 Pizza Leafy Garden Salad Carrot Sticks, Hummus Cup, Choice of Fruit Entree Salad: Chicken Caesar
19 Chicken Patty Sandwich Buttered Carrots, French Fries, Choice of Fruit Entree Salad: Lemon Pepper Chicken	20 Turkey Tacos Salsa, Black Beans & Corn, Brown Rice, Choice of Fruit Entree Salad: Taco Salad w/ Chips	21 Ham & Cheese Wrap Lettuce, Tomato, Mayo, Tater Tots, Choice of Fruit Entree Salad: Turkey & Cheese	22 Mozzarella Sticks w/Marinara Mixed Vegetables, Macaroni Salad, Choice of Fruit Entree Salad: Julienne Salad	23 Pizza Logs Garden Salad, Carrot Sticks, Hummus Cup, Choice of Fruit Entree Salad: Tuna Topper Salad
26 Cheeseburger on Wheat Bun Peas, Potato Salad, Choice of Fruit Entree Salad: Pasta Salad	27 Raviolo w/ Meatballs Small Salad, Garlic Bread, Choice of Fruit Entree Salad: Julienne (ham/ turkey/cheese)	28 Chicken Tenders (K-8: 2 tenders) (9-12: 3 tenders) Mixed Vegetables, French Fries, Choice of Fruit Entree Salad: Lemon Pepper Chicken	29 Sloppy Joe Corn, Scalloped Potatoes, Choice of Fruit Entree Salad: Greek Salad	30 Pizza Leafy Garden Salad Carrot Sticks, Hummus Cup, Choice of Fruit Entree Salad: Chicken Caesar

## LUNCH COST

Grades K-8	\$3.50
Grades 9-12	\$4.00
Adults	\$5.00

**Milk is included with all lunches.**  
Choice of Milk: Fat-Free Chocolate,  
1% White, or Skim White

## ENTREE ONLY COST

Grades K-8	\$2.10
Grades 9-12	\$2.45
Extra Entree with Lunch	\$1.95
Staff Entree/Salad Bar	\$4.00

## ALA CARTE ITEMS

Ice Cream Novelties	\$1.00
Chips	\$ .65
Milk	\$ .50
Apple/Orange Juice	\$ .35

## ALTERNATE ENTREES

Sandwiches: Peanut Butter & Jelly, Tuna,  
Turkey (Deli), Grilled Cheese  
Grilled Turkey Burger served on whole  
wheat bun with lettuce and tomato  
Chicken Fries  
Entree Salads (for Faculty and 6-12 only)



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