

JANUARY 2023

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL HAPPY NEW YEAR!	3 NO SCHOOL	4 Pot Stickers Jasmine Rice, Corn, Broccoli, Choice of Fruit Entree Salad: Chicken Caesar	5 Turkey Wrap Tater Tots, Carrot Sticks, Choice of Fruit Entree Salad: Tortellini	6 Pizza Small Salad, Peas and Carrots, Choice of Fruit Entree Salad: Julienne
9 Chicken Patty w/Bun Mashed Potatoes, Broccoli and Cauliflower, Choice of Fruit Entree Salad: Mexicali	10 Baked Chicken Wings Small Caesar Salad, Mixed Veggies, Choice of Fruit Entree Salad: Cobb	11 Taco in a Bag Seasoned Brown Rice, Mexicali Corn, Choice of Fruit Entree Salad: Ham and Cheese	12 Chicken Caesar Wrap Breadstick, Green Beans Choice of Fruit Entree Salad: Spinach & Turkey	13 Pizza Logs Small Salad, Carrot Sticks, Choice of Fruit Entree Salad: Chef Salad
16 NO SCHOOL Martin Luther King Jr. Day	17 Chicken Nuggets French Fries, Corn, Choice of Fruit Entree Salad: Chef Salad	18 French Toast & Sausage w/syrup Potatoes, Yogurt, Orange/ Apple Juice, Choice of Fruit Entree Salad: Greek	19 Mozzarella Sticks w/Marinara Tater Tots, Broccoli Choice of Fruit Entree Salad: Julienne	20 Pizza Small Salad, Carrot Sticks, Choice of Fruit Entree Salad: Chicken & Broccoli
23 Chicken Tenders French Fries, Carrot Sticks, Choice of Fruit Entree Salad: Oriental Chicken	24 Cheeseburger Tater Tots, Corn, Choice of Fruit Entree Salad: California Cobb	25 Meatball Subs Small Salad, Potato Chips, Choice of Fruit Entree Salad: Chicken Caesar	26 Chicken Fajita Wrap Seasoned Brown Rice & Corn, Choice of Fruit Entree Salad: Apple Walnut	27 Orange Sesame Chicken Jasmine Rice, Mixed Veggies, Choice of Fruit Entree Salad: Mexicali
30 Pasta & Meat Sauce Breadstick, Carrots, Choice of Fruit Entree Salad: Greek	31 Mac & Cheese Tater Tots, Mixed Veggies, Choice of Fruit Entree Salad: Julienne			

LUNCH COST

Grades K-8	\$3.50
Grades 9-12	\$4.00
Adults	\$5.00

Milk is included with all lunches.

Choice of Milk: Fat-Free Chocolate,
1% White, or Skim White

ENTREE ONLY COST

Grades K-8	\$2.10
Grades 9-12	\$2.45
Extra Entree with Lunch	\$1.95
Staff Entree/Salad Bar	\$4.00

ALA CARTE ITEMS

Ice Cream Novelties	\$2.00
Chips/Cookies	\$.75
Milk	\$.50
Apple/Orange Juice	\$.35

ALTERNATE ENTREES

Sandwiches: Peanut Butter & Jelly, Tuna,
Turkey (Deli), Grilled Cheese
Veggie Burger served on whole wheat bun
with lettuce and tomato
Chicken Fries
Entree Salads (for Faculty and 6-12 only)



This institution
is an
equal opportunity
provider and
employer.